

HELPFUL INTERNET RESOURCES FOR RETIREES, AGING ADULTS AND CAREGIVERS

- **Because I Love You LEGACY ORGANIZER** www.LegacyOrganizer.com 40 pages of valuable resources, checklists and forms for spiritual matters, finances, household information, documents, family tree, life legacy, funeral plans, wealth sharing/distribution, aging parents, child guardians, estate planning and more!
- **Christian Retirees with RVs - Volunteer Service Opportunities** www.workersonwheels.com
www.sowerministry.org www.rvics.com www.habitat.org/volunteer/travel-and-build/rv-care-a-vanners
- **Retirement Reformation** www.retirementreformation.org Articles, resources, books, videos and audio and more to help you thrive for God's kingdom during your retirement years.
- **Volunteer Opportunities for Retirees** retiredbrains.com/volunteering encore.org missionnext.org
- **5 Wishes Booklet** www.agingwithdignity.org A valuable "fill-in-the-blank" document to communicate your near-the-end-of-this-life medical, personal, emotional and spiritual wishes for family and medical staff/professionals.
- **God Is Your Provider online financial course** www.NAEfinancialhealth.org This free at-home internet course will help you discover 10 ways God provides and financial health best practices.
- **American Association of Retired Persons** www.aarp.org
- **Administration on Aging** www.aoa.gov
- **Aging Parents and Elder Care** www.aging-parents-and-elder-care.com
Excellent source for valuable articles, checklists, referrals and website links.
- **Alzheimer's Association** www.alz.org
- **Assisted Living Info** www.assistedlivinginfo.com Online guide for selecting an assisted living, retirement community, or personal care facility in 50 states.
- **Aging Quiz** faculty.webster.edu/woolfm/myth.html Sort out fact from fiction on common aging misconceptions.
- **Benefits Checkup** www.benefitscheckup.org Helps you find and enroll in federal, state, local and private programs that help pay for prescription drugs, utility bills, meals, health care and other needs.
- **Drugs.com** www.drugs.com Comprehensive info on 24,000+ different drugs and medicines.
- **Baby Boomer Lifeboat** www.babyboomerlifeboat.com/resources Comprehensive list of helpful websites.
- **Caregiving website** www.caregiving.com
- **Center for MEDICAID and MEDICARE Services** www.cms.hhs.gov Valuable online help and answers.
- **Center for Medicare Advocacy** www.medicareadvocacy.org Non-profit organization which provides education, advocacy, and legal assistance to help elders and people with disabilities obtain necessary healthcare.
- **Children of Aging Parents Association** www.caps4caregivers.org A nonprofit organization serving caregivers of the elderly or chronically ill with reliable information, referrals and support.
- **Drugs.com** www.drugs.com Comprehensive info on 24,000+ different drugs and medicines.
- **Eldercare Locator** www.eldercare.gov Resources and services for older adults and their families.
- **Family Caregiver Alliance** www.caregiver.org Extensive resources for individuals and families.
- **Focus on the Family** www.family.org Valuable articles, resources and referrals from a Christian perspective.
- **Government Senior Citizens Resources** www.ready.gov/seniors
- **Mayo Clinic** www.mayoclinic.com Health and wellness information from the Mayo clinic.
- **Medicare** www.medicare.gov The official information about nursing homes, physicians, benefits, and coverage.
- **National Alliance for Caregiving** www.caregiving.org
- **National Family Caregivers Association** www.caregiveraction.org
- **Natl Assoc of Professional Geriatric Care Managers** www.aginglifecare.org On-line referral service.
- **Nursing Homes** www.nursinghomeinfo.com Choosing a nursing home, locations and a needs assessment tool.
- **Christian Grandparenting Network** www.christiangrandparenting.net Valuable resources to help you guide and bless your children and grandchildren.
- **Guide to Government Aid for Seniors** www.seniorliving.org/research/government-aid
- **Social Security Administration** www.ssa.gov
- **Web MD** www.webmd.com Online medical information and advice.
- **Well Spouse Foundation** www.wellspouse.org Support to partners of the chronically ill and/or disabled.

