

# HOPE & HELP

*for Problems In Your Life*

YOU SAY...		BUT GOD SAYS...
"I am all alone."	Hebrews 13:5	"I will never leave you or forsake you."
"Nobody loves me."	John 3:16 & John 13:34	"I love you."
"I don't know what to do."	James 1:5	"If you lack wisdom, ask me for it."
"It's impossible."	Luke 18:27	"All things are possible with me."
"I can't go on."	II Cor 12:9 & Psalm 91:15	"My grace is sufficient for you."
"I'm broken."	Ps 51:17 and 2 Cor 5:17	"I will accept your brokenness and make you a new person."
"Nobody cares."	1 Peter 5:7	"I care for you."
"Nothing good can come out of this."	Rom 8:28	"All things will work together for good if you love me."
"It hurts too much."	2 Cor 1:3	"I am the God of all comfort and compassion."
"I'm in bondage to my addictions."	John 8:36	"If the Son sets you free, you are truly free."
"I am overwhelmed with so many problems."	Ps 34:19	"I will deliver you out of them all."
"I'll never change."	2 Cor 5:17	"I will make all things new in your life."
"I'm bored."	John 10:10	"I can give you an abundant life."
"I don't know which way to turn."	Proverbs 3:5-6	"I will direct your steps."
"I'm too tired."	Matthew 11:28-30	"I will give you rest."
"I can't do it."	Philippians 4:13	"You can do all things through me."
"I'm not able."	II Cor 9:8	"I am able to make my grace abound in your life."
"It's not worth it."	Roman 8:18	"It will be worth it."
"I can't forgive."	Eph 4:32	"I forgive you so you can forgive others."
"It's too much trouble."	2 Cor 1:4	"I will comfort you in all your troubles."
"I don't have the needed money."	Philippians 4:19	"I will supply all your needs from my resources."
"I don't have enough love."	II Timothy 1:7	"I will give you the needed love."
"I'm overwhelmed with worry."	I Peter 5:7	"Cast all your cares on me."
"I feel so ashamed."	Romans 8:1	"There is no condemnation when you are in Christ."
"I'm afraid."	Isaiah 41:10	"Fear not, for I am with you."
"I don't have enough faith."	Romans 12:3	"I can give you the needed faith."
"I'm not smart enough."	II Timothy 1:7	"I will give you a sound mind."
"It's hopeless."	Rom 15:13	"I am the God of hope who can fill you with joy and peace."